THANK YOU TILDY'S TRUST!



Activities for Young People in the South and South East

In March 2013, Tildy's Trust very kindly donated £10,800 to support Teenage Cancer Trust in providing a range of social activities for teenagers and young people who are either currently on treatment or who have recently finished treatment.

I thought you may like to see just how your donation has enabled many young people to enjoy a number of wide and varied activities. Here are just a few that you helped to provide.....

In March we had 10 young people go to the Royal Albert Hall on the night when Paul Weller was highlighting and they got to meet him, Russell Brand and Noel Gallagher among others.

Patients also attended a music workshop and wrote and performed a song there. <u>http://jimmyteens.tv/2013/04/14/rah-2013-underneath-this-i-am-just-like-you/</u> One of the parents later sent a message saying it was the best day of her son's life, he died shortly after.

We took 15 people to the Harry Potter Studio on the day of its official opening, on a day when Prince William and Harry, Kate, and J K Rowling were there.



In June, we took a group of young people to Canary Wharf for the Motor expo Car Show.

We had several other visits to go bowling and cinema, through the year and took people to see films such as Superman Returns, and Iron Man 3.

In August we took 10 people go-karting, the photo shows our people lined up on the track; sorry it is not very personal, but that is them in the cars!



In the summer we took a group to Carshalton College and they wrote, recorded and played everything on the song in the attached video. Most were young people who had been treated for cancer, but a sibling of one of the young people also took part. We then went to Brighton beach with a film crew and shot this video at Brighton Beach <u>http://jimmyteens.tv/2014/02/11/its-all-in-me/</u>. Everyone who sings wrote the verse they are singing and everyone played bass, keyboards, rhythm guitar, drums, etc. They want to release the song to raise awareness of teenage cancer.

In early December, we took a group for a spa day in Brands Hatch Hotel Spa for a relaxing day of treatments, lunch and poolside chat.

On the ward, we had regular sessions from various beauty organisations, including Body Shop, Look Good Feel Better, and the students of Carshalton College, with whom we have established a link.

We also had weekly music sessions with a musician.



At Christmas we held two separate parties, in addition to one on the ward where we did a bit of carol singing. One of the Christmas meals was at Jamie's Italian in Brighton for 20 people and one for up to 70 people in the 5-star Sanctum Hotel in Soho. At the Soho event, we were able to meek X Factor contestant Katie Waissel and Strictly Come Dancing's Kristinna Rihannof We had a Halloween fancy dress party on the unit,





and a graffiti workshop to celebrate the unit's 1st Birthday.

A trip to Brands Hatch to watch the races, meet the drivers and sit in the cars was also a great hit.



THANK YOU!

Your support has made all the difference to so many young people with cancer.

Events planed for 2014

We already have many events planed for the coming year, including;

- Joint events with other hospitals who also have teenagers and young people with cancer, i.e. Royal Surrey hospital
- Cinema and bowling trips usually with a meal.
- Summer event in Brighton
- Christmas parties
- Monthly social nights to include quiz nights, karaoke, games, crafts etc
- Find Your sense of Tumour, weekend conference
- A trip to Thorpe Park
- The Royal Albert Hall for more music workshops and a concert.
- A snooker evening in Brighton
- A trip to the West End to see a musical

These social events give young people a vital opportunity to meet other young people who are going through a similar experience. They also give young people the chance to discuss any worries or share experiences with their peers in an informal setting, and for many they are a welcome opportunity to have some fun and forget their cancer for a while. Young people tell us that building friendships with other young people who have or have had cancer makes a massive difference to the levels of isolation and depression they feel during their treatment.

To enable us to provide these activities we do need to find the funding. I know you have already been so generous and I hope you will feel from this update that your donation was used well and made a real difference. Please, can I ask that Tildy's Trust consider supporting this programme for another fun filled year?

Thank You

Linda